

# Enhancing Safety and Wellbeing Plan

**Purpose:** This Safety and Wellbeing Plan aims to identify areas of concern and strength and outline targeted strategies and resources to promote healthy relationships, connection, develop skills and overall enhance safety and wellbeing of a child or young person who has displayed harmful sexual behaviours (HSB). This plan is a longer-term plan spanning 12 months and should accompany an Acute Safety plan following incidents of HSB.

1. Child/ Young Person's Information	
Child's name:	Jaryd Wilson
Child's DOB:	15/07/2025
Child's age:	6
Carer/s name:	Fiona Waters
Child's placement location:	Fremantle WA

2. Wellbeing Plan Information	
Date of plan:	9/09/2025
Person developing the plan:	Mandy Tucker
Is this a new plan or a review?	new
If a review – date of last review:	Click or tap here to select date.

3. Cultural Review	
Is the child Aboriginal and/or Torres Strait Islander?	<u>yes</u>
Is the child culturally, linguistically and/ or religiously diverse?	<u>no</u>
<b><i>If you answered yes to either of the above questions, you must consult with an Aboriginal Practice Lead/ Cultural Advisor or appropriate alternative.</i></b>	

4. Consultation informing the safety plan – list all those who have contributed to the plan	
Child or young person	N/A
Case Manager or equivalent	Mandy Tucker
Team Leader or equivalent	Brett Smith
Parent, Family or Kin	Gerald Wilson
Caregiver	Fiona Waters
Aboriginal Practice Lead/ Cultural Advisor	David Turner
Therapeutic Practitioner	N/A
Education support	Ms. Walsh
Other	Click or tap here.

**\*\*The following pages can be provided to members of the Care Team (carers, educators, family etc), and if appropriate to the child or young person (or a version of the below with simplified language).**

## Enhancing Safety and Wellbeing Plan

Jaryd Wilson.	26/08/2025	Mandy Tucker
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### Safety and Wellbeing Statement – what are we worried about?

Jaryd has engaged in a variety of recent sexual behaviours, most of which appear age-appropriate; however, some occurring in inappropriate contexts. This has included asking a peer to show him his penis, “mooning” (exposing his bottom) to friends at school and touching his genitals/masturbating in the lounge room of the house while a younger child was present.

### Strengths – what is working well?

Child or young person	Jaryd is meeting all developmental milestones and appears to have strong friendships within his school environment.
Care environment	Stable foster placement for last 3 years, good relationship with caregivers.
Family	Regular contact and connection with multiple family members, continuing connection to culture.

Domain of enhancing safety and wellbeing	What are we concerned about in this domain?	Goals for next 12 months	Activities/ strategies – what needs to happen?	Who is responsible?	By When?	Updates and progress
<b><i>Emotional and psychological wellbeing</i></b>						
This domain focuses on key strategies and support to enhance a child or young person’s emotional (e.g. recognising and regulating emotions) and psychology (e.g. self-	We currently have no major concerns in this domain. However, given Jaryd’s abuse history and age, it is a good time to start encouraging	Emotional awareness and regulation to be introduced at home and school through activities such as feelings charts, reading feelings books and modelling	Feelings charts, feelings books to be purchased and used at home	Fiona Waters with assistance from Mandy Tucker if needed	Over next month	Updates in 6 months

Domain of enhancing safety and wellbeing	What are we concerned about in this domain?	Goals for next 12 months	Activities/ strategies – what needs to happen?	Who is responsible?	By When?	Updates and progress
esteem, mental health) functioning. Improve self-connection, tailored interventions for specific needs related to HSB, and resources for recognizing and addressing past trauma; holistic therapeutic supports to promote comprehensive emotional and psychological growth.	emotional awareness and regulation skills.	recognizing emotions.				
<b>Empowering responsible and safe digital engagement</b>						
Supports and strategies to promote responsible and safe digital interactions, including the use of social media and pornography.	No concerns yet; however, Jaryd does sometimes use the family iPad to play games	Ensure parental safety measures enabled on iPad. Become more aware of games Jaryd is playing and ensure Jaryd cannot speak to people he does not know or access the internet without supervision.	Parental control measures to be reviewed and activated on iPad.	Fiona Waters with assistance from Mandy Tucker	ASAP	In next month
<b>Building strong relationships</b>						
This domain emphasises strategies and supports to enhance connections with friends, family and community. It should include	Ensure Jaryd has ongoing opportunities to engage with his same-aged peers and friends at school and outside of school. Continued regular	Continue to build strong family and peer relationships.	Regular contact to be organized, playdates and after-school activities to be encouraged to continue building social skills.	Mandy Tucker and Fiona Waters	Over next 6 months	In 6 months

<b>Domain of enhancing safety and wellbeing</b>	<b>What are we concerned about in this domain?</b>	<b>Goals for next 12 months</b>	<b>Activities/ strategies – what needs to happen?</b>	<b>Who is responsible?</b>	<b>By When?</b>	<b>Updates and progress</b>
consideration of activities, strategies and supports to improve friendships, reduce social isolation and bullying, strengthen ties with family and kinship networks, and foster deeper engagement with community resources.	contact with family members to continue these strong relationships.					
<b><i>Behavioural awareness and management</i></b>						
Supports and strategies to enhance the child or young person's understanding and management of their behaviour. Targeted information or interventions to build knowledge, skills, and capacity related to safe and responsible behaviour, healthy sexual behaviour, sexual consent, and the law.	Jaryd has not yet engaged in Protective Behaviours – this will be occurring next term at school. Extra resources and supports to be reinforced at home and house rules and PBs language to be regularly and consistently enforced.	Introduce Jaryd to all of the PB's concepts and provide opportunities for him to learn about body safety and appropriate behaviours.  Ensure carers also hold Protective Behaviours knowledge and language.	Engagement in PBs next term. Teacher to provide handouts and resources for carer to reinforce at home. Case Manager to provide basic resources in the meantime for carer prior to PBs starting at school.	Ms. Walsh and Fiona Waters.	By end of the year	Update in 6 months when PBs has finished
<b><i>Physical wellbeing and connection</i></b>						
Supports and strategies to strengthen the child or young person's connection to their body and overall physical	Engagement in regular sport and age-appropriate activities.	Enroll in extra-curricular activities Jaryd is interested in.	Find a sport or activity Jaryd would like to do.	Fiona Waters with help from Mandy Tucker	Next 6 months	12 months

Domain of enhancing safety and wellbeing	What are we concerned about in this domain?	Goals for next 12 months	Activities/ strategies – what needs to happen?	Who is responsible?	By When?	Updates and progress
well-being. Activities, resources, and interventions considered within this domain should include those that promote healthy physical development, proper nutrition, and effective management of illness and disability.						
<b><i>Cultural safety and connection</i></b>						
This domain emphasises supports and strategies to deepen the child or young person's connection to their cultural and spiritual identity. Initiatives to enhance their connection to their culture and traditions, strengthen ties to their country or heritage, and foster a meaningful connection to their spiritual beliefs. This may include a visit to country to facilitate healing if safe and appropriate.	Continue regular and ongoing contact with family members. Provide opportunity for Jaryd to visit country and engage in culturally important events and activities with his family members.	Increase attendance at culturally important events and activities with family members, particularly with Grandfather Gerald Wilson.	Discussions between APL and grandfather re events for Jaryd to attend and how he can start to have more active engagement with cultural community in addition to regular family contact.	David Turner and Gerald Wilson	Over next 12 months	In 12 months
<b><i>Placement stability</i></b>						

Domain of enhancing safety and wellbeing	What are we concerned about in this domain?	Goals for next 12 months	Activities/ strategies – what needs to happen?	Who is responsible?	By When?	Updates and progress
<p>Supports and strategies to enhance both the stability and quality of the young person's living situation, aiming to help them thrive in their current and future living arrangements. Including planning for leaving care arrangements if applicable, carer supports and training as well as strategies to foster positive dynamics within the placement.</p>	<p>Carer to be provided support around understanding sexual behaviours and how to intervene and redirect when needed.</p>	<p>Increase carers awareness and knowledge of sexual behaviours across childhood and across the continuum to increase confidence in responding to concerns.</p>	<p>HSB continuum and resources to be provided and case manager to talk through level of concerns and how to respond with carer.</p>	<p>Mandy Tucker to support Fiona Waters</p>	<p>ASAP</p>	<p>3 months</p>
<p><b>School and recreation</b></p>						
<p>Boost the child or young person's engagement and success in educational, employment and recreation settings. This includes initiatives to enhance academic engagement, foster enjoyment, and achievement in school, and prepare for or improve participation in the workforce. This may include re-integration</p>	<p>Continue supporting Jaryd to engage at school and continue his achievement.</p>	<p>Build ongoing relationship with schoolteacher and monitor school progress to ensure Jaryd stays on track</p>	<p>Monitoring of progress</p>	<p>Ms. Walsh and Mandy Tucker</p>	<p>Over next 12 months</p>	<p>12 months</p>

Domain of enhancing safety and wellbeing	What are we concerned about in this domain?	Goals for next 12 months	Activities/ strategies – what needs to happen?	Who is responsible?	By When?	Updates and progress
following HSB displayed in these environments.						
<b>Other</b>						
Include here any other area of the child or young person's life that requires focused attention to support longer term wellbeing and safety.	Click or tap here.	Click or tap here.	Click or tap here.	Click or tap here.	Click or tap here.	Click or tap here.

<b>Date of next review:</b>	2/12/2025
<b>Has this plan been discussed with/ given to the child or young person?</b>	<u>no</u>
<b>List all others who have a copy of this plan?</b>	Mandy Tucker, Fiona Waters, David Turner, Ms. Walsh, Gerald Wilson